

1. Dr. Carroll R. Thomas

Las Vegas, Nevada Ph. 702-369-3704

Orientation: Adlerian trained, now eclectic. 14 years private practice. Uses Control inventory because wanted some way to measure it more effective than standard tests like MMPI. Uses it primarily in relationship counseling with couples, to help them see their control styles better. Who's the controller.

2. Professor Marsha Stein, Ph.D.

UCI, Department of Psychiatry 714-824-5157

Orientation: cognitive-behavioral.

Dr. Stein served for nearly a decade as director of the Outpatient Psychiatry Clinic at UCI. She included the SCI as part of a standard assessment battery used by psychiatric residents and psychology graduate interns. The SCI showed quite strong correlations with anxiety and depression scales, plus gave trainees practical suggestions on intervention and treatment.

3. Dr. Leonard Donk

Cupertino, Ca., 408-366-9910

Orientation: Growth oriented, plus psychoanalytic

Dr. Donk uses the SCI with executives and those in business to help them learn more about themselves and their control styles and preferences, particularly issues of overcontrol, and learning that sometimes to have control means to let go of control (one of the scales of the SCI: the yielding mode of control).

IRVINE: CALIFORNIA COLLEGE OF MEDICINE
PSYCHIATRY AND HUMAN BEHAVIOR

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PSYCHIATRY RESIDENTS AND PSYCHOLOGY INTERNS

RE: SHAPIRO CONTROL INVENTORY (SCI)

The outpatient's psychological screening evaluation has included a new inventory to the assessment battery called SCI. SCI provides you with specific information about your patient's sense of control in general domains (Sense of control, Desire for control, and mode of control) as well as in specific domains (body, mind, interpersonal, self and career). Impairment in control has been suggested to play a central role in depression, "addiction, both drug and alcoholism; stress and anxiety related disorders; eating disorders-anorexia, bulimia and Type A Behavior and coronary disease". Results obtained from SCI would be useful in your case conceptualizations, treatment planning, and therapy evaluation.

You have already had an introduction to SCI in PG11 Seminar and PG12 Psychotherapy Seminar. If you would like further discussion and consultation Dr. Shapiro is available at 497-5090.

Marsha K. Stein, Ph.D.
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