

From: dhshapir@uci.edu  
Subject: Crime and control--fascinating!!!  
Date: Fri, January 20, 2006 4:32 pm  
To: "J.J. Gerza" <jjg35@cam.ac.uk>  
Cc: john@integrivearts.com

Dear Jerry, Thanks for updating me on your work, and sending the preprints. I think your ideas are quite interesting, and like your notion of examining crime (from white collar to genocide) looking at lack of control, as well as pathological desire for control. I've just had a chance to glance through your papers, but they seem thought provoking. I'm taking the liberty to send them to Dr. Astin, who is the senior author on the paper you cite from JTP, and also the Director of the Control Foundation. I would encourage you to contact him directly regarding your ideas for a grant. Depending on how far along your ideas are, you may be able to meet the March 1 deadline. Otherwise, September.

In any case, keep up the good work, and stay in touch. Warm regards,  
Dr. S>

Dear Dr Shapiro

>  
> Many thanks for your prompt reply and encouragement.  
>  
> Re hypothesis: As you may or may not know, control is an important  
> construct within criminology, albeit usually considered from a  
> sociological  
> perspective. Generally this is based on the notion of crime being the  
> product of a lack of control (either within the individual or as part of  
> that individuals "social bond" with society).  
>  
> I have been working on a theory of criminology from a transpersonal  
> psychological perspective focusing particularly on the construct  
> mindfulness. I have as part of my studies been developing a model for this  
> - the Integrated Mindfulness Model. Recently, following on from comments  
> by  
> Mike Eysenck (Royal Holloway, London) and James Walsh (UEL) I developed  
> some underlying processes which may be at work in the model, generating  
> different "Iterations" of the original version. Knowing how important  
> control is in the field I used this notion as the basis for these  
> processes.  
>  
> Just before Xmas I received the Winter Special edition of the BPS TPR and  
> saw your paper with Dr Astin and was delighted to see that your notion of  
> control mapped out and supporting the control processes I had been  
> suggesting. Specifically, I see criminological behaviour stemming from a  
> pathological desire to control, not from a lack of control. For example,  
> crime theories are very weak in accounting for "white collar crime" and  
> largely totally ignore acts of genocide/war crimes, wherein forms of  
> control are self-evident.  
>  
> Perhaps the easiest thing to do is to attach my current paper (a draft) -  
> should you have time to read it any comments would be appreciated. I  
> planning to submit it to the TPR next week. I have been rewriting the  
> paper  
> to incorporate some of your work as I recently got hold of some more of  
> your papers which again have proved to be a great source of support for my  
> arguments (i.e. the evolving nature of mindfulness). As such I think my  
> IMM  
> will probably be of some interest to you. I hope I haven't misquoted you  
> in

> any way!

>

> In light of the above, I plan to carry out some research to show how your  
> differing types of control might relate to other important linked  
> constructs such as impulsivity, anxiety, cognitive failure, socio-moral  
> reasoning etc. using appropriate measures.

>

> Re Funding: One project I am planning is with a colleague Martin Wilks, a  
> chartered counselling psychologist and senior counsellor at HMP Brixton.  
> Martin is in the process of setting up a counselling service there as part  
> of the drug treatment wing, which will specialise in mindfulness based  
> approaches. We hope to undertake a small project to assess the efficacy of  
> such interventions within the unit (similar to Prof. Alan Marlatt's recent  
> work). Any funding would certainly help facilitate this. Either Martin or  
> myself will make an application shortly (via the email supplied).

>

> Re References: Finally many thanks for your list of references, I will  
> certainly follow up a few of these.

>

> Sorry for such a long email - I hope it is of some interest, and once  
> again  
> many thanks for your reply and encouragement.

>

> Regs

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> Jerry

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> On Jan 17 2006, [dhshapir@uci.edu](mailto:dhshapir@uci.edu) wrote:

>

>>Dear Gerry,

>>

>> Thanks for your kind note. Could you share what your hypothesis is...I  
>>like to keep track and keep people connected. Let me encourage you, if  
>>you decide to pursue your interest using the  
>>SCI and control, to apply for one of our small grants--if you think  
>>there are ways the money might help facilitate your work.

>>

>>> As you are aware, the SCI measures "primary" control through a  
>>> positive  
>>> assertive quadrant, as well as overcontrol (too much assertiveness); it  
>>>also measures positive yielding (secondary control) and too much  
>>>yielding (negative yielding mode.) There are also scales for overall  
>>>sense of control, and desire for control. The multiple reliability and  
>>>validity studies for the SCI over the past two decades can all be found  
>>>in the manual (see item one below).

>>>

>>> At the risk of causing you to be "out of control" by sending you too  
>>> much information, I'm going to send you three emails  
>>> 1) how to order the SCI (by the way, you can read about it in  
>>> the American Psychologist, 1996, cited in this first email)  
>>> 2) info on small grants available for control research 3)  
>>>list of topics on which individuals are doing control  
>>> research (to see if there are colleagues you can contact that  
>>> may be of help

>>>

>>> Hope this helps.....Warm regards, Dr S

>>> Dr. Shapiro,

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