

From: dhshapir@uci.edu
Subject: Re: Shapiro Control Inventory--reply--REPLY--reply
Date: Wed, May 8, 2013 1:40 pm
To: "Diana L. Gaydusek" <dgaydusek@gmail.com>

Hi Diana,
YES! comments in CAPS IN YOUR EMAIL.

Hi Dr. Shaprio,

>
> You mentioned below that the SCI has automated scoring. YES Is the
automated
> scoring free? YES (AS WELL AS THE DOWNLOAD OF THE SCI MANUAL, ETC). IT'S
ALL FREE!!! (YOU HAVE ENOUGH WORK TO DO DOING A DISSERTATION!!:)

Unfortunately, I do not have funding for my dissertation. I GET IT.
HOPE THIS MAKES YOU FEEL A "LITTLE BIT MORE IN CONTROL!?!?)"

> Thank you for all of your help! YOU BET. WARM REGARDS, DR. S

> Diana

> On Fri, Apr 19, 2013 at 10:09 PM, <dhshapir@uci.edu> wrote:

>> Hi Diana,

>> I also heard from Dr Lilenfeld. I thought it might be too much to be
>> a

>> coincidence! Some comments in caps below....

>> Hi Dr. Shapiro,

>> > Thank you immensely for the information and guidance. YOU'RE WELCOME!

>> I

>> plan on asking

>> > participants to complete the Rosenberg Self-Esteem Scale, the

>> > Multidimensional Perfectionism Scale, and a scale measuring the

>> > perception

>> > of control. SOUNDS GOOD! I am concerned about the length of the SCI AS

>> > NOTED, IT TAKES ABOUT 20 MINUTES TO TAKE...AND HAS AUTOMATED

>> > SCORING....and am wondering

>> > if

>> > there is an abbreviated version that is empirically supported THE BEST

>> > I

>> > CAN SUGGEST IS TO CUT THE LAST 50 QUESTIONS (138-187) WHICH WOULD HAVE

>> > THE LEAST RELEVANCE TO YOUR STUDY. I THINK YOU STILL WANT TO KNOW THEIR

>> > DIESIRE FOR CONTROL, OVERALL SENSE OF CONTROL (GENERAL DOMAIN AND DOMAIN

>> > SPECIFIC) AND FOUR MODES OF CONTROL (POSITIVE ASSERTIVE, POSITIVE

>> > YIELDING, NEGATIVE ASSERTIVE, AND NEGATIVE YIELDING). (or perhaps

>> > another scale that is similar). CLEARLY I'M ATTACHED TO THIS ONE! I

>> > THINK IT IS A) ONE OF THE MOST RELIABLE AND VALIDATED; AND B) IT TIES

>> > INTO A SPECIFIC CLINICAL APPLICAITONS (I.E, CONTROL THERAPY). C) THERE

>> > HAS BEEN QUITE A BIT OF GOOD WORK WITH THE SCI AND EATING DISORDERS BOTH

>> > NATIONALLY AND INTERNATIONALLY....SO THERE IS A BODY OF WORK TO BUILD

>> > ON... I have been researching locus of control

>> > scales AS YOU'LL SEE THE SCI IS REALLY A THIRD GENERATION CONTROL

>> > SCALE,

>> > AND BUILDS ON ROTTER AND WALLSTON, YET ALSO ADDS SOME IMPORTANT

>> > DIMENSIONS...and have looked at the Anxiety Control Questionnaire, but

>> > it seems

>> > as though the items on your inventory best capture my construct. I OF

FAO

1) cost

2) 20 min to take
[Signature]

3) reduce 2's

Component
Rotter/Wallston

1 OF
> COURSE AGREE, BUT HEH, AS NOTED, I MAY BE BIASED (A BIT!) Do you
> > have any ideas? YUP! I'D DO IT! BUT YOUR CALL! :)
>
> NO MATTER HOW YOU PROCEED, GOOD LUCK WITH YOUR VALUABLE WORK!
> WARM REGARDS, DR. S
> >
> > Thank you,
> > Diana
> >
> > On Thu, Apr 18, 2013 at 7:45 PM, <dhshapir@uci.edu> wrote:
> >

>>
>> Good morning Dr. Shapiro,
>> >
>> > I am a clinical psychology doctoral student at the American School of
>> > Professional Psychology at Argosy University, Washington DC. I am
>> > investigating the interaction among perception of control,
>> self-esteem,
>> > and
>> > perfectionism in eating disorders GREAT TOPIC! VERY INTERESTING. for

https://webmail.uci.edu/uci/src/printer_friendly_bottom.php?passed_ent_id=0&mailbox=S... 4/19/2013

From: dhshapir@uci.edu
Subject: Re: Shapiro Control Inventory
Date: Thu, April 18, 2013 4:45 pm
To: "Diana L. Gaydusek" <dgaydusek@gmail.com>

HI DIANA, THANK YOU FOR YOUR KIND NOTE.
SOME COMMENTS IN CAPS BELOW....>

Good morning Dr. Shapiro,

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> I am a clinical psychology doctoral student at the American School of
> Professional Psychology at Argosy University, Washington DC. I am
> investigating the interaction among perception of control, self-esteem,
> and
> perfectionism in eating disorders GREAT TOPIC! VERY INTERESTING. for my
dissertation and have been
> researching the Shapiro Control Inventory, but do not have access to the
> original publication. SIMPLE. GO TO
<http://controlresearch.net/>

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Would it be possible for you to email me the article directly? I'M
NOT SURE WHICH ARTICLE YOU ARE REFERRING TO? I'VE INCLUDED A COUPLE OF
ARTICLES THAT MAY BE OF INTERST TO YOU I WOULD SUGGEST, HOWEVER, YOU
CONTACT DR. SUMMER Nipomnick" <sumnip@yahoo.com> WHO RECENTLY DID AN
EXCELLENT STUDY ON ANOREXIA, WITH A GREAT REVIEW OF THE LITERATURE ON
EATING DISORDERS AND THE SCI, AND SOME INTERESTING FINDINGS. YOU MAY
WANT TO BUILD ON HER RESEARCH. I'LL WRITE HER AND LET HER KNOW YOU MAY
BE CONTACTING HER..... interested in using the Shapiro Control
Inventory to

> measure perception of control, but since there are 187 questions, I would
> like to learn more about the 9 scales and which items are contained in
> each
> scale. GREAT. ALL THAT INFO CAN BE FOUND IN THE MANUAL.

FEEL FREE TO GET BACK TO ME IF YOUR HAVE FURTHER QUESTIONS, AND GOOD
LUCK WITH YOUR RESEARCH. WARM REGARDS, DR. S Thank you very much.

>
> Sincerely,
> Diana Gaydusek
>
> --
> Diana L. Gaydusek, M.A.
> Clinical Psychology Doctoral Student
> American School of Professional Psychology
> Argosy University, Washington DC
>

Attachments:

BRCA ARTICLE.pdf	
Size:	100 k
Type:	application/pdf

From: dhshapir@uci.edu
Subject: [Fwd: Re: Shapiro Control Inventory]--reply
Date: Fri, April 19, 2013 9:50 am
To: "Lilienfeld, Lisa R." <llilienfeld@argosy.edu>

Hi Professor Lilienfeld,

Thanks for your note.

Could your graduate student be Diana L. Gaydusek. Or is that an amazing coincidence!?!?:)

If so, (or not!) here's the reply (below, in caps, in her email) I gave to her regarding the SCI, how to find it, download the manual, take it, administer it, etc. I also suggested she contact DR. SUMMER Nipomnick" <sumnip@yahoo.com> who has a very good lit review of the SCI and eating disorders and a very interesting dissertation study.

Hope this helps! Let me add that you'll note on the site, there is grant money available for studies with Control Therapy with different clinical populations. (The Control Therapy Training Manual) is also available for free download at the site <http://controlresearch.net/>.

So, if that has interest to other students at some time in the future, it may be worth keeping in mind....

Again, good luck with your research program.

Warm regards, Dr. S

Dr. Shapiro,

One of my doctoral students is hoping to use your inventory in her dissertation but we are having difficulty accessing the original 1993 publication. Might you be able to forward this along to me? Thank you in advance.

Sincerely,
Lisa Lilienfeld

Lisa Rachelle Lilienfeld, Ph.D.
Associate Professor
Fellow, Academy for Eating Disorders (FAED)
Clinical Psychology Program
American School of Professional Psychology
Argosy University, Washington DC
1550 Wilson Boulevard, Suite 600
Arlington, VA 22209
phone (703) 526-5878
fax (571) 480-7404

----- Original Message -----
Subject: Re: Shapiro Control Inventory
From: dhshapir@uci.edu
Date: Thu, April 18, 2013 4:45 pm
To: "Diana L. Gaydusek" <dgaydusek@gmail.com>

From: dhshapir@uci.edu
Subject: WOW! CONGRATS!!!! Re: hi, what's up and [Fwd: Re: Shapiro Control Inventory]
Date: Thu, April 25, 2013 8:24 am
To: "Summer Nipomnick" <sumnip@yahoo.com>

HI SUMMER, THANKS FOR YOUR GREAT NOTE! WOW, CONGRATS, YOU'VE BEEN AMAZINGLY PRODUCTIVE AND BUSY AND HAVING WONDERFUL EXPERIENCES! (I, MEANWHILE, AM LIVING PEACEFULLY AND QUIETLY IN MY CONTEMPLATIVE CAVE:) SOME COMMENTS IN CAPS BELOW...>

Hi Dr Shapiro--

>

> So nice to hear from you! I would be more than happy to talk with Diana. GREAT, THANKS! I

> didn't/haven't published my research. (CAN I ADD THE WORD... "YET"?!?!:) I intended to but then wound up

> moving out of state for my postdoc and got too busy to do so.

UNDERSTANDABLE, ALSO, SOMETIMES AFTER A DISSERTATION, IT'S LIKE, LET ME GET ON WITH LIFE AND THE REAL WORLD AGAIN!!:) I am

> presenting on the subject in a few weeks at the International Conference

> on Eating Disorders up in Montreal. AH HAH. WONDERFUL. MAYBE THIS COULD "REIGNITE" YOUR INTEREST, SERVE AS A CATALYST FOR PREPARING AN ARTICLE LENGTH PAPER (WHICH SAYS PRESENTED AT....) I'D REALLY (REALLY!) LIKE TO ENCOURAGE YOU TO CREATE AN ARTICLE LENGTH PAPER, AND SUBMIT IT. YOU DID SOME EXCELLENT WORK, AND A SMALL SUMMARY SHOULD BE OUT IN THE PUBLISHED LITERATURE (OF COURSE, YOUR CHOICE---YOU'RE IN CONTROL! SO I'M JUST "SUGGESTING, ENCOURAGING, INVITING!!)

I do have a bound copy of my research and would be more than happy to send it along to you--please send a address and I'll stick in in the mail.

I'D LOVE TO HAVE ONE. HOWEVER, WHY DON'T WE WAIT (E.G. SIX MONTHS: TIL OCTOBER.) AND LET'S TOUCH BASES AGAIN IN THE FALL, AND SEE IF YOU MIGHT BE ABLE TO SEND ME A "SUMMARY" ARTICLE, TOO (YOU HAVE ALL THE DATA, RESULTS, (AND EVEN YOUR FUTURE DIRECTIONS DISCUSSION (BELOW(IS DONE). IT WOULD PROBABLY TAKE 12-15 HOURS (A COUPLE HOURS A WEEK FOR SIX WEEKS) TO WRITE IT UP! (MORE OCMMENTS FURTHER ON...

>

> In terms of further research on eating disorders and control, questions > that remained following my study included:

>

> 1). The relationship among personality characteristics, sense of control > and recovery from anorexia (i.e. are healthier levels of control a cause > of recovery from anorexia or an effect of recovering from the illness?) GREAT QUESTION!

>

> 2). The effects of treatment on levels of control and recovery status. > Closer examination of types of treatment, duration and level of care, > sense of control and recovery may provide further insight into the role > that treatment type and duration play in the recovery process. GREAT.

ALSO JUST FYI, THERE ARE SMALL GRANTS FOR THE APPLICATION OF CONTROL THERAPY TO DIFFERENT CLINICAL AREAS OF CONCERN (SEE WEBSITE: CONTROLRESEARCH.NET) SHOULD THAT BE OF INTERST TO YOU OR ONE OF YOUR INTERNS/GRAD STUDENTS....

>

> 3). Are there differences in the relationship between psychological sense > of control and recovery status based on the subtype of anorexia? GOOD.

>

> Thank you so much for attaching your articles--I'm very much looking

> forward to reading them. I spent my postdoc year at the University of
 > Texas MD Anderson Cancer Center working in Behavioral Science as part of
 > the Body Image Therapy and Research program. I spent about 95% of my time
 > in the Department of Reconstructive Surgery with patients undergoing
 > breast reconstruction following mastectomy. GREAT EXPERIENCE, AND GREAT
 > SITE, VERY IMPRESSIVE, AND IMPORTANT WORK...The entire time I was there
 I
 > thought it would be fascinating to do research utilizing the SCI w/that
 > patient population. I LIKE HOW YOU THINK!:)
 >
 > Currently, I'm the clinical director of a PHP/IOP eating disorder
 > treatment program in Marin County. I've been in my current position for
 > just over a year and I'm loving it! OH, THAT MAKES ME REALLY HAPPY.
 THANKS FOR CATCHING ME UP, AND BLESSINGS OF PEACE, HAPPINESS, HEALTH FOR
 THE NEXT PHASE OF YOUR JOURNEY.

WARM REGARDS AND NAMASTE, DR. S

>
 > I have to run...
 > Summer
 >
 >
 >
 >
 >
 >
 >>

>> From: "dhshapir@uci.edu" <dhshapir@uci.edu>
 >>To: Summer Nipomnick <sumnip@yahoo.com>
 >>Sent: Thursday, April 18, 2013 4:50 PM
 >>Subject: hi, what's up and [Fwd: Re: Shapiro Control Inventory]

>>
 >>
 >>HI SUMMER,
 >> I JUST RECEIVED THIS EMAIL BELOW FROM A PERSON THINKING OF USING THE
 >> SCI
 >>IN AN EATING DISORDER STUDY. I SUGGESTED, AS YOU CAN SEE BELOW ,THAT
 >>SHE CONTACT YOU AS THE EXPERT! I HOPE THAT'S OK?! (WHAT WOULD YOU
 >>ADVISE A PEROSN IN TERMS OF THE "NEXT STEP" FOR RESEARCH ON EATING
 >>DISORDERS AND CONTROL!?!?
 >> THAT "TICKLED" ME TO THINK ABOUT I HAVEN'T YET HEARD BACK FROM YOU IN
 >> A
 >>WHILE....SO I THOUGHT I'D SEE HOW YOU'RE DOING; DID YOU FINISH AND
 >>PUBLISH YOUR STUDY; ? DO YOU HAVE A COPY OF AN ARTICLE LENGTH OR
 >>DISSERATION BOUND STUDY?
 >> IF YOU HAVE THE TIME, DROP ME A LINE AND LET ME KNOW WHAT'S UP!
 >> HOPE ALL IS WELL!!
 >> WARM REGARDS AND NAMASTE, DR. S

>>----- Original Message
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 >>Date: Thu, April 18, 2013 4:45 pm
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>>>
>>>
>>>
>>>
