

Hi Dayana, You pose just the right question!! (personality style (mode) x specific situation

the Chinese have a word (xujing) which means centered, calm, literally the Emptiness before yin and yang forms were created. From that centered, calm place, one then chooses the best combination of yin and yang (assertive/change and acceptance/yielding for a given situation. This is called Dongjing. (How great they have a word which means best assertive/yielding combination depending upon the situation!!!.

I've written a bit about this in the Control Therapy Training Manual http://controlresearch.net/support-files/ct_manual5.pdf (pp. 152ff).

You'll note this is really a refinement of the serenity prayer....Ah, great traditions all pointing the same way up the mountain!?

Now, with a hearty hi ho and a wave,
I run, neh leap back to the contemplative cave...
Namaste, Dr. S

On 2017-10-20 10:28, Dayana Kupisk wrote:

Dr. Shapiro,

Thank you so much for the helpful direction! I think you pose a very important question around what type of control profile might best promote wisdom - indeed, it seems like positive yielding and asserting may draw on knowledge, skills, and situational factors to reach solutions that are balanced and situation-specific. However, I'd also be interested to see how different types of situations may require different strengths/approaches. For example, perhaps wisdom comes from knowing when to exert "too much control" (or even if you have the skills to control things in an effective way given the situation)? I'm excited to see what opportunities lie ahead in bridging some of these topics. I'd love to stay in touch via email!

Best,
Dayana

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On Oct 20, 2017, at 11:45 AM, dhshapir <dhshapir@uci.edu> wrote:

oCT 20, 2017

Hi Dayana,
Thanks for your email which was forward to me by the Control Research Administrator, Ron LaRock.
Your work looks very interesting....(and wise:)!
Please see my comments in CAPS in your letter below...
FROM: Contact Form [mailto:support@controlresearch.net]
SENT: Wednesday, October 18, 2017 12:44 PM
TO: undisclosed-recipients:

SUBJECT: Use of SCI for graduate student dissertation research

DATE: Wednesday, 18 October 2017 , 09:43:45

NAME: Dayana Kupisk

EMAIL: kupisk@wisc.edu

SUBJECT: Use of SCI for graduate student dissertation research

MESSAGE: Hello, I was interested in using scales 5-8 on Modes of Control

from the SCI to facilitate a dissertation research project on wise decision making. GREAT! I'M CURIOUS WHAT YOU THINK WOULD BE THE OPTIMAL "MODE CONTROL PROFILE" WHICH WOULD MAXIMIZE WISE DECISION MAKING? I WOULD IMAGINE SOME COMBINATION OF POSITIVE YIELDING/ACCEPTANCE (CENTERED, CALM, "FORGIVING"--A TERM I SEE YOU 'RE INTERESTED IN: AND POSITIVE ASSERTIVE: PUTTING NEEDS FORTH, ETC. I am currently a graduate student at the University of Wisconsin - Madison. I am wondering if it is possible to get access to

the measure, YES, VERY EASY. JUST GO TO CONTROLRESEARCH.NET [[1](#)]. THE MEASURE IS ONLINE AND CAN BE TAKEN THERE...JUST SET UP AN ACCOUNT (ABOUT TEN MINUTES) AND YOU'RE READY TO GO! whether doing just the 4 scales is acceptable, OF COURSE, THOUGH I'D AT LEAST CONSIDER USING THE OTHER SCALES TOO (JUST ADDS ABOUT TEN MINUTES) I.E., WHAT IS THE PERSON'S OVERALL SENSE OF CONTROL, DESIRE FOR CONTROL, (DOMAIN SPECIFIC SENSE OF CONTROL). MY GUESS IS WISE DECISION MAKING IS RELATED NOT JUST TO THE MODES, BUT ALSO TO A PERSON'S SENSE OF CONTROL.... and whether

or not there is an opportunity to receive free access per my graduate

student status.IT'S ALL FREE!!! NO PROBLEM!:) I would welcome the opportunity to speak with someone

further about the project and my goals, if possible.I'M NOT GOOD ON THE PHONE,--I LIVE PRIMARILY IN A CONTEMPLATIVE CAVE DURING THIS FINAL PHASE OF MY LIFE, BUT IF YOU HAVE QUESTIONS ON YOUR WORK AS YOU GO ALONG, DROP ME AN EMAIL...

GOOD LUCK WITH YOUR RESEARCH AND CREATING A WISE, HEALING PRESENCE!:) NAMASTE, dR. S Dayana Kupisk PhD.C