



DEPARTMENT OF PSYCHIATRY AND HUMAN BEHAVIOR
Deane H. Shapiro Jr., PhD
Director, Executive Stress Management Center

Please Reply to: University of California Irvine
Medical Faculty Group
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Deane H. Shapiro, Jr., Ph.D.
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August 10, 1988

Ross Gray, Ph.D.
Department of Psychology
University of Toronto
Toronto, Ontario, Canada

Dear Dr. Gray:

Thank you for your interest in my work on control and self-control. Your project sounds most interesting, and my delay in responding has been due to trying to finish up an instrument which I could send!

Enclosed please find a copy of the Shapiro Control Inventory, which you have my permission to use in your Cancer Research Study. We are currently using the instrument with studies on Panic Disorders, Generalized Anxiety, Depression, and Borderlines; and are planning studies on Alcoholism and Eating Disorders. It would be really interesting to coordinate our results with yours on Cancer patients and control.

Regarding test administration, we have set the inventory up for scantron use for ease of coding, but of course that isn't necessary if you don't wish to use it. Regarding scoring, the directions for the third part are clearest (four quadrants of control), and are attached. Regarding the first two parts, we are planning to explore the results more carefully in order to devise an overall scoring. But first we want to ensure the discreteness of the questions ((through item analysis, etc), to make sure we are in fact measuring different constructs. Therefore, for now we are using each item as a different entry in Parts One and Two, although, for Part Two, it is possible to develop a score for each area (somatic, cognitive/affective, interpersonal, etc) as well as an overall score.

I will certainly keep you informed as we progress in our research, and I would be happy to offer any assistance to you I can in your efforts.

With warm regards,

Deane Shapiro Jr.
Deane Shapiro, Jr., Ph.D.
Associate Professor in Residence

Enc.

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February 8, 1988

Dr. Deane H. Shapiro, Jr.
Department of Psychiatry and Human Behaviour
California College of Medicine
University of California Irvine Medical Centre
101 City Drive South
Orange, California
USA 92668

Dear Dr. Shapiro:

I have read with interest your series of papers related to self-control. I am particularly interested in the clinical assessment inventory you have been developing and would like your permission to use this inventory. We are currently planning a series of studies to look at issues of perceived and real control in persons being treated for cancer. If you are willing for us to use the inventory, we would also appreciate information on how to obtain copies.

I look forward to hearing from you.

Sincerely,



Ross Gray, Ph.D.,
Psychology Consultant to Oncology

RG:tt
02/08/88



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June 22, 1988

Dr. Deane H. Shapiro, Jr.
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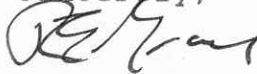
Dear Dr. Shapiro:

Earlier this year I wrote you a letter inquiring about your self-control inventory. Dr. Brian Doan and I have been reviewing the control literature in preparation for research with oncology out-patients here at the Toronto Bayview Regional Cancer Centre and your work is of great interest to us -- both from theoretical and assessment perspectives. With your permission, we would like to include your inventory in forthcoming studies of coping in our setting.

Could you please send us a copy of the self-control inventory along with instruction for administration and scoring. We would be pleased to reimburse you for any costs associated with this request.

Thank you for your kind attention and we look forward to hearing from you soon.

Sincerely,



Ross Gray, Ph.D. (C.Psych.)
Psychology, Consultant to Oncology

REG/man
06/22/88