

1. Dr. Carroll R. Thomas
Las Vegas, Nevada

Orientation: Adlerian trained, now eclectic. 14 years private practice. Uses Control inventory because wanted some way to measure it more effective than standard tests like MMPI. Uses it primarily in relationship counseling with couples, to help them see their control styles better. Who's the controller.

2. Professor Marsha Stein, Ph.D.

UCI, Department of Psychiatry

Orientation: cognitive-behavioral.

Dr. Stein served for nearly a decade as director of the Outpatient Psychiatry Clinic at UCI. She included the SCI as part of a standard assessment battery used by psychiatric residents and psychology graduate interns. The SCI showed quite strong correlations with anxiety and depression scales, plus gave trainees practical suggestions on intervention and treatment.

3. Dr. Leonard Donk

Cupertino, Ca.,

Orientation: Growth oriented, plus psychoanalytic

Dr. Donk uses the SCI with executives and those in business to help them learn more about themselves and their control styles and preferences, particularly issues of overcontrol, and learning that sometimes to have control means to let go of control (one of the scales of the SCI: the yielding mode of control).