

From: dhshapir@uci.edu
Subject: Re: 1976 article "Zen Meditation and Behavioral Self-Control--reply
Date: Wed, March 8, 2006 12:00 pm
To: andré dubé <andre.dube@sympatico.ca>

Hi Blanche, Of course you have my permission. I can't open your attachment (a non-attached computer?) so hope this can count as my signature for your a-e below. Also, I'd be interested in a one page abstract of what your study was. Finally, if you continue with your work, the attached grant info may be of interest to you from the Control Research Foundation Fund. Blessings.....>Dr S.

Hello Deane,

>
> I am a Master's of Art Therapy student with Concordia University in
> Montreal, Quebec, Canada. I would like to request permission to reproduce
> in
> Word Figure 1 "Process of Zen meditation (a behavioral analysis)" from the
> following APA article:
>
>>From ³Zen Meditation and Behavioral Self-Control: Similarities,
>> Differences,
> and Clinical Applications,² by D.H. Shapiro and S.M. Zifferblatt, 1976,
> American Psychologist, p. 521. Copyright 1976 by the American
> Psychological
> Association. Reproduced [or adapted] with permission of the American
> Psychological Association and the author (Deane H. Shapiro, JR.).
>
> I require Figure 1 for the following educational purposes:
>
> a) To include Figure 1 within my Concordia Master's of Art Therapy
> research
> paper.
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