

----- Original Message -----

Subject: Re: Recent UCI Graduate

Date: 2022-06-26 06:52

From: dhshapir <dhshapir@uci.edu>

To

Good morning: thanks for your kind note back; please see comment in caps below:

On 2022-06-25 13:30, Selina Du wrote:

Hi Dr. Shapiro,

Thank you for taking the time to respond to me. The site you provided is very interesting! THANK YOU! ENJOY...I'd love to take the SCI, but I'm not part of any class that requires it. Is there any way for me to take the test for my own personal use? I ADMIRE YOUR

INITIATIVE AND SELF-EXPLORATION. UNFORTUNATELY, THE TEST WAS MEANT TO BE TAKEN AS PART OF A CLASS, OR GIVEN BY A THERAPIST/EDUCATOR/TEACHER. THE REASON IS THAT THERE IS A 20 PAGE PRINT OUT WHICH IS GENERATED BY THE TEST. WE THOUGHT IN DESIGNING THIS IT WOULD BE HELPFUL IN CASE THERE WERE ANY QUESTIONS, CONCERNS BROUGHT UP TO HAVE SOMEONE TO DISCUSS IT WITH. SO, BEST NOW TO WAIT UNTIL YOU'RE IN A CLASS, OR GRADUATE SCHOOL, OR COUNSELING. HOWEVER, IN THE MEANTIME YOU COULD READ SOME OF THE WRITINGS (E.G. CONTROL THERAPY BOOK; CONTROL THERAPY LAST LECTURE, ETC.

TO GET A FURTHER FEEL FOR THE IDEAS. I THINK YOU MIGHT FIND THEM INTERESTING AND HELPFUL.

IN ANY CASE, KEEP UP THE CURIOUS MIND, COURAGEOUS SPIRIT, AND WORK ON KEEPING "A POSITIVE SENSE OF CONTROL

AND NOW IT'S TIME FOR ME TO GO BACK TO MY CONTEMPLATIVE CAVE.....:)