

## TAKING THE SCI

**WHO IS IT FOR?** The SCI is to be used by clinicians, educators, and researchers. They may give the SCI for clinical, educational, and /or research purposes to individuals under the supervision of a counselor or therapist (clinical) as part of a class (educational) or as part of a research project that has IRB Institutional Review Board approval.. The therapist, instructor, or researcher should be familiar with the SCI and its interpretation. This would include visiting the controlresearch.net website (See below: what is the SCI)as well as reading the first module on assessment in the Control Therapy Training Manual. <https://controlresearch.net/control-therapy-manual.html>. (All available at no charge). From the additional modules in the Manual, as well as personal training and experience, the clinician/educator/ researcher should be prepared to address any areas of interest and/or concerns that result from an individual taking the SCI. We do not endorse an individual, such as a student or lay person, taking the SCI independently in an unsupervised setting.

## INSTRUCTIONS ON HOW TO TAKE THE SCI

**In the lower right hand quadrant of the Controlresearch.net website there is information about the SCI and how to take it:**

### What is the SCI?

The SCI (Shapiro Control Inventory) is a way for individuals to learn about their own unique **Control Profile**. It is a valid and reliable psychological tool designed to assess a person's current sense of control, mode of control, motivation for control, and agency of control.

For more information on reliability and validity studies, including different clinical populations, PET scan results, etc please [click here](#).

To take the test (if student or client) or to set up an account (if researcher, teacher, educator), please [click here](#).

Grants available for research and teaching about Control Therapy!

[Learn More](#)

Already Familiar with SCI - Looking to take or administer the SCI test?

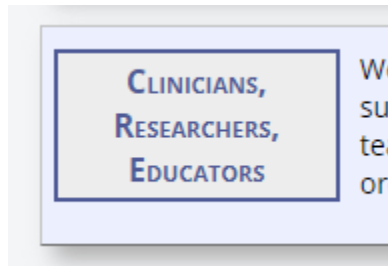
[Proceed to the SCI Test Site](#)

**When you click the proceed to the SCI Test Site, it takes you to :**

<https://www.bdicspp.com/phpfiles/SCI/>

Then here are the directions that Ron has summarized:

You can access them by first going to the site (<https://www.bdicspp.com/phpfiles/SCI/>) then selecting the 'Clinicians, Researchers, Educators' section.



That will bring you to the step by step instructions for administering the test.

1. **Create an account.**
2. **Login to your account.**
3. **Create a new folder.**
4. **Tell your client, research subject, or student everything they need to know to take the test.**
5. **Generate a report from a test.**
6. **Logout.**

To summarize,

1. You create an account that represents your personal access – that way no one else can access your tests information.
2. Once you log into that new account, you then create a folder into which your tests will be placed. Each folder could be for a particular year, research project, class year, etc. (see examples in the instructions). **IMPORTANT:** You will be sharing this name with the test takers.
  - a. Folder Permissions – in your case, I assume you want to set it to 'Only the Account Holder can generate reports' as you probably don't want the person taking the test to also score it, but prefer to guide them through the report personally.
3. Once the folder has been created, go to the 'Account Info' section in the left side menu. Here you will see any tests that have been taken. (obviously this will be empty when you first go there).
4. Share the needed information with the test takers. You will need to provide anyone that you wish to take a test with:
  1. **The Account Name** you created above in step 1. (not your password!!!)
  2. **The Folder Name** you created in step 2. This is where you wish the test to be stored.
  3. **The Test Number.** This is any number you wish – it will be used by the system to keep track of the test taker while providing anonymity in the system. You will need to keep track of which number is for which test taker. Please provide a subject number that does not have any identifying information about the individual. After choosing the subject number, be sure to record the number offline, so that you have a way to re-identify the individual.
  4. **The link:** <https://www.bdicspp.com/phpfiles/SCI/>

The test taker will need to log in and enter all that information plus a password so that they can later review their test answers, and/or score their test (if they have been given that permission).