

F. J. ~~93~~

8.34 How do you feel about aging? (coded for whether component present in response

space	acceptance	yes
	non acceptance	yes
	active-assertive	yes
	yielding	yes

8.34

1. nervous, anxious, scared
2. fine, look forward to it
3. I will try to counteract it as long as possible
4. I feel unfulfilled, time is passing too quickly
5. never think about it
6. fear loss of independence
7. Aging is a maturing process
8. curiosity
9. fear being alone
10. It would mean I made it. survived.
11. can accept it despite vanity
12. wisdom is a good trade-off for the wrinkles

In control / out of control

8.34.

acceptance / yielding / active, aggressive
negative / positive

HOW DO YOU FEEL ABOUT AGING (e.g. WRINKLES BALDING, GREYING, ETC.)
PLEASE COMMENT:

- 1. makes me nervous about sense of fulfillment
- + 2. it's okay
- + 3. try to counteract it
- + 4. a part of living
- + 5. enjoy - I improve
- o 7. not thrilled, but able to accept
- o 8. greying o.k. - balding not o.k.
- 9. delay as long as possible
- + 10. accepted this, but wish I didn't have arthritis
- + 11. looking forward to getting better
- + 12. o.k.
- 13. sense of time fleeting too quickly
- + 14. o.k.
- 15. o.k. - some fear of dependency
- 16. fear loss of independence
- 18. sadness and curiosity
- + 19. o.k.
- 20. don't want to age
- o 21. don't worry about it
- + 22. good and bad, don't want to feel dependent
- + 23. I try like hell to laugh about it, but... I color my hair - ho ho!
fully intend to have my elbows dewrinkled in about three years
face will hold up good, have good complexion
- + 24. maturing process
- 25. avoid it
- o 26. don't look forward to it, but don't fear it
- o 27. never think about age
- 30. afraid
- + 31. no problem

- + 35. not concerned
- 36. hate it
- + 37. okay
- o 38. I notice how much I have yet to do
- 40. don't want to be limited physically
- 43. worried about being dependent and alone
- 45. some negativity, not too great
- 46. fearful
- + 47. o.k., just want to do it with dignity
- 49. don't want to do it alone, I color my hair
- + 50. anticipate it well
- + 51. look forward to it
- + 52. not bothered, it's inevitable
- o 54. not as much fear as before
- + 55. I enjoy wrinkled, balding people
- o 56. neutral, so long as people accept me
- + 57. o.k. enjoy the wisdom ~~xx~~ of it
- 58. not looking forward to it
- o 59. never thought about it
- 60. still vain
- + 61. want to do it gracefully
- + 62. like it somewhat
- o 63. sometimes okay, sometimes hate it
- + 64. o.k. so far
- 66. don't like it but try to accept it as part of life
- + o 67. I accept it, despite vanity
- + 68. the wisdom is an okay trade off
- + 69. accepting, greying is a good feeling
- + 70. old is okay - fat is awful
- 71. like to delay it - but will accept it
- o 72. a part of life, but don't want to feel helpless