

**Application for Small Research Grant From  
“The Control Research Foundation”  
At The Orange County Community Foundation**

**PURPOSE**

The purpose of the Control Research Foundation is to promote education and further research and understanding regarding the positive and healthy uses of human control and self-control for individuals, families, societies and planetary health and well-being. For further background and goals of the Control Research Foundation, please see “[What is Control Research Foundation](#)” at the Control Research website ([www.controlresearch.net](http://www.controlresearch.net)).

**FUNDS AVAILABLE/ELIGIBILITY REQUIREMENTS**

**Research Projects**

Seed money \$1,000 to \$10,000 per project/investigator is available to support the research efforts of outstanding graduate students, postdoctoral students, and junior faculty at nationally or internationally accredited universities in the fields of psychology and/or related health and healing disciplines. Applications are due March 1<sup>st</sup> and September 1<sup>st</sup> with award notices issued June 1<sup>st</sup> and November 1<sup>st</sup>.

**Funding Priorities**

- The Foundation has a special interest and accords highest funding (e.g., \$5000-\$10,000) for studies using Control Therapy with specific clinical populations, either comparing CT with a placebo control and/or other treatments modalities.

Applicants should demonstrate familiarity with the principles and practices of Control Therapy. This may be obtained through a careful perusal of the website materials ([controlresearch.net](http://controlresearch.net)) particularly the [Control Therapy Training Manual](#), including [Appendix 6](#) on Research, e.g., 6.2 Flow Chart Model for Doing a Control Therapy Research Project; 6.3 Therapist/trainee selection and orientation; and 6.5 Human Subjects Consent Form involving Control Therapy; 6.6 An Example of a Permission to Videotape Form. Please see also [Appendix 1](#), “Adherence checklist to determine therapist competency and skill development in Control Therapy. The [book Control Therapy](#) and the *SCI (Shapiro Control Inventory Manual)* including test reliability and validity studies are also available at not charge at the website

Control Therapy” is based on an educational model of learning and seeks to effect individual psychological health and well-being—not only in the therapeutic setting, but with nonclinical populations as well.. Therefore, research proposals to assess the effects of teaching the principles and techniques of Control Therapy to learners in training or educational settings are also encouraged. Such studies might look at assessing the effectiveness of programs that

- train therapists and clinicians in the use of CT
  - teach medical students or nursing students basic concepts and techniques of CT
  - expose parents and their children to basic concepts and techniques of CT
  - integrate aspects of CT in educational settings, including K-12 and undergraduate classrooms
- Smaller grants (e.g., up to \$2500) that use only the SCI must demonstrate the potential for significant advancement of the instrument – e.g., cross cultural translations, including test/retest reliability, factor analysis, etc; testing its applicability in other countries; using it to develop new

- clinical norms; or modifying it in ways that enhance and refine utility, reliability, and validity.
- Using the SCI as a “snapshot” measure along with other measures, or pre-post measure of interventions not related to CT, if it makes a particular unique contribute may be funded at the \$1000 level.
  - \* Societal issues. Finally, though farther afield, the Founders do not want to rule out applications of CT to social issues (e.g., societal conflicts within nation states, power struggles, warfare between nations, the nature of optimal political leadership, nuclear disarmament, social safety nets and wealth distribution, and how control issues are implicated in all these topics). So, fundable research topics can encompass many different academic and scholarly areas (e.g., political science, sociology, conflict and peace studies, etc.), and it would be within the bounds of this directive, as noted, to make scholars in such fields aware of the availability of these grants.
  - Finally, the founders are interested in research regarding what might be the nature of optimal healthy control might be like for humans—in mind, body, emotions, interpersonal—the further reaches of our human potential.

#### **Guidelines.**

- The work is expected to be of the highest ethical and professional quality; have IRB and human subject approval before being undertaken; and an effort to publish all results in peer reviewed journals is expected.
- Graduate advisor (for graduate student) or supervisor/department chair (for post-doctoral students, junior faculty)) must sign off on the proposal; please also obtain the appropriate signature indicating institutional approval.
- Ninety days after the completion of the study, a one page Abstract summarizing the project and its central findings is to be submitted to the Foundation; Further, once the study is published, the authors agree to please send a copy for our records, and so that this information can be shared on the “Networking” portion of the website.
- Funds will be paid to the institution on behalf of the grantee. The foundation’s guidelines stipulate that no indirect costs (e.g., for institutional overhead) will be paid.

#### **APPLICATION FORM/PROPOSED STUDY FOR RESEARCH**

In no more than 1000 words, please describe your proposed study using the following format:

Introduction: How your work builds on previous work on control theory and therapy; its relevance.

Method: Subject, setting; assessment procedures; proposed data analysis; study timeline

Results: How do you believe the findings could inform clinical practice and/or future research efforts?

Finances: How you intend to use the money from the grant to facilitate your research. Note: THE MONEY CAN BE USED FOR ANY PURPOSE RELATED TO THE PROPOSED STUDY: (e.g., subject recruitment, data entry, travel to present results, etc.)

Cover page should be formatted as follows:

NAME:

UNIVERSITY:

DEPARTMENT:

PROFESSIONAL YEAR OF STUDY/EMPLOYMENT (e.g., 4th year graduate student, post doctoral fellow, assistant professor)

PROPOSED STUDY TITLE:

PROPOSED START DATE:

PROPOSED COMPLETION DATE:

APPLICANT'S SIGNATURE: \_\_\_\_\_

ADVISOR/SUPERVISOR/CHAIR'S SIGNATURE: \_\_\_\_\_

INSTITUTIONAL APPROVAL SIGNATURE: \_\_\_\_\_

Please submit signed cover sheet, application and two-page Vitae to:

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